



DIRECTORS & COACHES CHAMPIONSHIP GUIDE

REVISED: Monday, November 7, 2022

This manual - dated 11.7.22 - supersedes any other documents dated prior.

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BEST OF THE PACIFIC NORTHWEST COMPEITION

Sunday, November 22, 2022 • Reno-Sparks Convention Center - Reno, Nevada

October 2022

Dear Valued Volunteer,

First on behalf of the Regional Management Team and our National Staff, we would like to thank you for your dedication to Pop Warner Little Scholars and the Pacific Northwest Region. You are making a difference in a scholar athletes' life. Being a coach extends far beyond the football field or performance floor. You are assisting in guiding our future. Teaching life lessons; winning graciously, losing gracefully, all while maintaining good sportsmanship. You are invaluable. You are appreciated.

Based on your squad's performance and resulting qualification the Pacific Northwest Regional Management Team would like to invite you and your team to advance to and participate in the **Battle of the Pacific Northwest Cheer and Dance Competition** to be held on Sunday, November 20, 2022. The entire championship event will take place at the Reno-Sparks Convention Center in Reno, Nevada.

Whether it's your first time advancing to the Regional Cheer and Dance Competition, or you have attended in the past, we want this year to be the most memorable yet!

On Saturday, November 19 beginning at 6:00 p.m., the Pacific Northwest Region Management Team will hold a mandatory book audit/certification to ensure all paperwork items are in line with the approved national standards.

Please review this packet as it has valuable information that will help you navigate through the next few weeks as you prepare for the regional and national championships. Please note that the following information is subject to change with or without advance notice. The Regional Management Team will do its best to keep you up to date as information is released and/or updated.

For up to the minute updates, please visit our website at www.pnrpopwarner.com via the 2022 CHAMPIONSHIP / Regional Cheer & Dance tab or our Facebook page.

Thank you for all you do for the scholar athletes of your community.

Once again on behalf of the PNW Regional Staff, we want to say congratulations and wish you good luck!

See you in November,

Sandré

Sandré L. Henriquez Nelson
Regional Cheer and Dance Coordinator
Pacific Northwest Region - Pop Warner Little Scholars, Inc.

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PRE EVENT CHECK LIST

- ❑ Share championship website and other information with parents and spectators. Give parents info on preorder merchandise and preorder tickets
- ❑ Post on your websites and social media accounts that your team is advancing to the Regional Championships. Ensure to tag: (Regional Facebook) @PNWRegionPWLS and (National Cheer & Dance Page) @PopWarnerCheerAndDance. Use hastag #WeArePNRCheer
- ❑ Complete the mandatory registration process for the Pacific Northwest Regional Cheer and Dance Championship. Go to www.pnrpopwarner.com. Under the REGIONAL CHAMPIONSHIP / Regional Cheer and Dance tab you will find the links to complete the registration steps. This process must be completed no later than 8 p.m. on Sunday, November 13, 2022.
 - (All) Read and understand the Regional Championship Manual
 - (All) Read and understand the Pop Warner Little Scholars Rulebook
 - National Travel Teams: Read and understand the National Championship Manuals
 - National Travel Teams: Complete the National Statement of Acceptance (SOA)
 - (All) Prepare your roster for upload, only PDF versions will be accepted.
 - (All) Upload your music via the registration form (**important** see file naming instructions under MUSIC instructions)
 - Ensure your music is properly labeled to prevent any issues on or leading to championship day
- ❑ Starting at 8 am on Monday, November 14, 2022 - register online a for Book Check time slot the day before you perform.
- ❑ Send full payment to the Regional Management Team
- ❑ Identify if you have any great Human Interest Story about your team (Scholar Athletes, Parents, Coaches, Administrators) ... Submit to rcdc@pnrpopwarner.org

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POP WARNER MEMBERS CODE OF CONDUCT:

As a condition of your participation in the 2021 Regional and National Cheer and Dance Championships, I hereby agree to accept the Arbitration Process as outlined in this advisory manual. I hereby agree to accept the decision of the Disciplinary Review Board (DRB) as final, binding and non-appealable. As such, the decision of the DRB will constitute full, final, and complete disposition of the grievance, and will be binding upon the participants, Pop Warner and those involved in this agreement. All volunteers, coaches, football, and spirit participants will abide by a Code of Conduct which includes the following provisions. If any of these rules are broken, the League and/or any HLA shall have the authority to impose a penalty. Members shall:

- S1: Not smoke and/or use smokeless tobacco on the field.
- S2: Not criticize players/spirit participants in front of spectators, but reserve constructive criticism for later, in private, or in the presence of team members if others might benefit.
- S3: Accept decisions of the game officials and judges on the field and in competitions as being fair and called to the best ability of said officials.
- S4: Not criticize an opposing team, its players, spirit participants, coaches, or fans by word of mouth or by gesture.
- S5: Emphasize that good athletes strive to be good students and that both are physically and mentally alert.
- S6: Strive to make every football and spirit activity serve as a training ground for life, and a basis for good mental and physical health.
- S7: Emphasize that winning is the result of good "teamwork."
- S8: Not engage in excessive sideline coaching and shall not leave the bench area to shout instructions from the sidelines.
- S9: Together with team officials, be jointly responsible for the conduct and control of team fans and spectators. Any fan who becomes a nuisance and out of control will be asked to leave.
- S10: Not use abusive or profane language at any time.
- S11: Not "pile it on;" not encourage their teams to get a commanding lead and raise the score as high as it can. In these instances, every effort shall be made to let all players play. (Football specific)
- S12: Not receive any payment, in cash or kind, for services as a coach in Pop Warner Football/Spirit. This includes any coach, expert, consultant or choreographer, regardless of his/her roster status.
- S13: Not permit or encourage "sweating down" tactics in order for a player to make the team weight. (Football Specific)
- S14: Not recommend or distribute any medication, controlled or over the counter, except as specifically prescribed by participant's physician.
- S15: Not permit an ineligible player or spirit participant to participate in a game.
- S16: Not deliberately incite unsportsmanlike conduct.
- S17: Not possess or drink alcoholic beverages and/or use illegal substance(s) on either the game or practice fields.
- S18: Remove from a game or practice any participant when even slightly in doubt about his/her health, whether or not as a result of injury, until competent medical advice is available.
- S19: Uphold all rules and regulations, National, Region and Local, regarding Pop Warner Football, Cheerleading and Dance.
- S20: Refrain from engaging in any action within or outside Pop Warner which in PWLS sole & absolute discretion reflects negatively upon, or causes embarrassment to, the PW Program.

COVID PROTOCOLS

We encourage all our spectators and guests to follow CDC, state, local, venue, and Pop Warner directives regarding wear face coverings and social distancing while indoors. As of the date and time of this packet - face coverings are optional. We encourage all guests to keep a safe distance between travel parties and we remain focused on maintaining the highest cleanliness and sanitization standards.

We will update all registered programs and their guests of all requirements as the event date approaches. We will follow all directives provided by the CDC, state, local, venue, or Pop Warner as of the date and time of our event – NO EXCEPTIONS!

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If you have specific questions not addressed here or on our website, please reach out to your League Cheer and Dance Coordinator or visit our website at pnrpopwarner.com.

We ask that you do not attend the regional championship if you have any of the following:

- You are feeling sick or experiencing flu-like symptoms such as
 - Fever
 - Cough (new, unexplained)
 - Shortness of breath or difficulty breathing
 - Chills
 - Muscle pain
 - Sore throat
 - New loss of taste or smell
- You have tested positive for COVID-19 within 72 hours of the championship
- You have not been in contact with someone with known or suspected COVID-19 symptoms
- You are not under any self-quarantine orders

If you cannot confirm all of the above, you must refrain from visiting. For more information, please visit www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

HOST HOTEL – ATLANTIS CASINO RESORT SPA

*Atlantis Casino Resort Spa
3800 S. Virginia Street
Reno, NV 89502*

**** \$229.00 (plus tax and fees)**

- Registration information online via pnrpopwarner.com / Regional Championship / Hotel Information
- For complete registration information, please visit pnrpopwarner.com/championship/hotel information tab
- NO DECORATIONS are permitted either on the walls, windows, or doors of the rooms.
- There is a curfew at the hotel that will be strictly enforced. Participants outside of their room without a coach or parent could jeopardize their performance the following day or at the National event.

REGISTRATION

THIS PROCESS IS MANDATORY – All participating Pop Warner regional teams must complete the Regional Registration Form. If your team is planning to advance to the Pop Warner National Cheer and Dance Championship the Statement of Acceptance (SOA) must be completed. Registration and the SOA must be submitted **NO LATER THAN** 8 p.m. on Sunday, November 13, 2022 – no exceptions.

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The Registration Form and SOA may be found on the Regional Pop Warner Website via REGIONAL CHAMPIONSHIP / Regional Cheer and Dance tab (under the Coaches' Corner).

Please allow approximately 20 minutes to thoroughly complete all items. Please pay special attention to the instructions in the music section of both this packet and online.

NOVEMBER 16: MANDATORY VIRTUAL COACHES' MEETING

8:15 – 9:15 pm – Via Zoom

(The final meeting link will be emailed, via calendar invite, to all registered directors and head coaches after the registration form closes on 11/13/2022). This meeting is a requirement for the Association Cheer and Dance Director and at least the head coach to attend to receive your teams' credentials. This meeting will NOT be recorded, and the slides will NOT be released.

This meeting is where you will receive all pertinent updated information regarding times, venue layout, traffic flow, and answer last minute questions concerning the competition events. The meeting will start at 8:15 pm sharp.

NOTE: Any performance questions should already have been addressed prior to this meeting by the YCADA Rules Director *(via <https://www.ycada.org/popwarner> - Rules Questions tab)*. Administrative questions should have been address by your League Cheer and Dance Director.

SATURDAY, NOVEMBER 19: BOOK AUDIT

Location TBD, 6:00 – 9:00 pm (by appointment only)

All teams must submit their book for review by the audit team. Starting at 8 am on Monday, November 14, 2022 - the head coach will be able to register for a book check timeslot online at www.pnrpopwarner.com / REGIONAL CHAMPIONSHIP / CHEER & DANCE under the Coaches Corner. If advancing two routines to the championship, only ONE book check time is necessary.

The audit team will review the eight to ten registration documents as indicated below. The team will verify all dates, signatures, and critical data on each document. Per the National SOP only the below documents must be in the book in the following order. Forms must be dated for 2022 – regardless of month released.

To ensure a speedy book check, remove all additional association and/or league paperwork and ensure all books are in the following order:

1 League Certified Roster

(One copy in the book – approved by league official)

(One copy, approved by league official – **PDF Version Only** – must be uploaded during the registration process)

2 I.D. Cards/Standard Player Contract

3 Proof of Age

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- 4 Physical Fitness & Medical History
- 5 Participant Contract & Parent Consent
- 6 Proof of Scholastic Fitness
- 7 2021 / 2022 YCADA Training Certificate – All rostered staff members (YCADA Y101, Y102, or Y103)
- 8 **For Cheerleading Teams Only:** Skill Progression Sheet (via the YCADA Pop Warner Resource Center ~ ycada.org/popwarner)
- 9 Head Coach Declaration Checklist
- 10 CPR Certification (one rostered adult per team)

Absentee forms (located on the website) are to be completed for all rostered participants not performing at the Regional Competition. Absentee forms may be sent in advance for signature by the RCDC. Forms should not be sent on or after November 18. If there are participants that will be absent after this date, please bring two copies to regional book check for signature.

The Regional Cheer & Dance Coordinator, Sandré Henriquez Nelson, shall oversee the operations of the audit procedure.

CHAMPIONSHIP CREDENTIALS:

At the end of the book check, the head coach will be issued championship credentials for each rostered personnel that have met the national/regional certification requirements. Please note - all rostered personnel must have completed one of the following courses within the past two (2) seasons (2021 / 2022) - YCADA Y101, Y102, or Y103 *and completed the Regional Code of Conduct*. These credentials MUST be worn to gain entrance into the championship venue, practice areas, and participant seating sections.

Participants must wear either their cheer uniform or dance costume to gain entry with their approved Pop Warner patch clearly displayed. No special credentials for participants will be issued.

Association or league badges will not be honored during this event. Two additional badges per association will be issued for the association president and cheer/dance director. No additional credentials will be issued after the coaches meeting for any reason.

Lost or stolen credentials will not be replaced. The individual will need to purchase a general admission ticket at current door price. The coach will not be allowed access to backstage areas.

Note per national rule, only 10 total badges will be issued per team

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SUNDAY, NOVEMBER 20:

BEST OF THE PACIFIC NORTHWEST CHEER AND DANCE COMPETITION

10:00 am - 6:00 pm – Reno-Sparks Convention Center – Exhibit Hall 3 – 4590 S Virginia St, Reno, NV 89502

Individuals parking at the convention center will be charge a \$10.00 per vehicle parking fee. It is recommended that you use Parking Lot A for the closest and easiest access to the championship facility.

Pop Warner/PNW Team Entry Fees \$300.00, per team - Entry fees are non-refundable at any point for any reason. ***** NEW THIS SEASON ***** Electronic invoices will be issued for payment to your league officials. This will allow for ease of different methods of payments. Payment by credit card will have an additional processing fee applied. Full payment is due no later than the start of book check or a cashier's check will be accepted on site.

IMPORTANT NOTE REGARDING THE RULES:

This event will be governed under that Pop Warner Little Scholars National Rulebook. The YCADA/Pop Warner rules packet is secondary. Any violation of Pop Warner uniform or conduct rules can result in a 2.5-point deduction per occurrence.

Head coaches, please note – regardless of what happens, you are responsible for your coaches, participants, and spectators.

COACHING STAFF DRESS STANDARDS:

This policy will be enforced at all Regional and National sanctioned events and shall govern the following positions: ACDCs, Assistant ACDCs, Head Coach, Assistant Coaches, Jr. Demonstrators and Coach Trainees regardless of all division. Failure to follow the below standards will result in the coach being removed from participation with the team/squad for the event until compliance is met.

- Association T-Shirt (unaltered) / Association Polo
- Team Jersey
- Dress Shirt
- Team Sweat Suit
- Baseball Cap / Sun Visor
- Dockers Style Pants/Shorts
- Athletic Shoe
- Dress / High Heel Boot (with a thick/wedge heel)

Please ensure you check with your League Cheer and Dance Director to ensure that they do not have other (stricter) dress standards.

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Not Acceptable:

- Tank tops
- Altered T-Shirts
- Shirts and/or hats that display any inappropriate/illegal materials on them
- Jeans/Jean Material of any kind
- Daisy Dukes
- Yoga Shorts / Pants
- Flip Flops
- ***** ATTENTION ***** Due to vendor requirements, high heel shoes (with a spiked/stilleto heel) will not be allowed to be worn at all – especially around the mats.

There will be no exception to the above standards for any reason. This policy is based on the Pop Warner Rulebook coaching dressed standards on **page 98, item D2: Coaching**. If a coaches' dress code violation is spotted on the live competition floor this will result in a 2.5-point deduction per occurrence and possible removal of coaching credentials.

SPECTATOR TICKETS:

Spectators will be able to purchase wrist bands. Every person, regardless of age, planning to enter the facility will need a ticket. Wrist bands may only be purchased with cash or credit cards. Checks will not be accepted. Wrist bands will allow in and out privileges to the arena seating area. Parents and spectators will not be allowed access to any area beyond team check in.

PRE-SALE:

Visa, MasterCard, Discovery, American Express

- Adult (18 years of age and older) – **\$10.00** (with fees \$11.50)
- Children (3 to 17 years old) – **\$5.00** (with fees \$6.25)
- Football Participants (Must wear home (dark) jersey with Pop Warner patch) - **No Charge**
- Age two (2) and under - No Charge

Pre-Sale-Spectator doors will open up to 60 minutes prior to start of session.

Pre-sale tickets may be purchased via the regional championship website – cheer and dance page. Online tickets may be purchased online until 6 p.m. on Saturday, November 19, 2022.

On Site:

- Adult (18 years of age and older) – \$15.00
- Children (3 to 17 years old) – \$10.00
- Football Participants (Must wear home (dark) jersey with Pop Warner patch) - **No Charge**
- Age two (2) and under - No Charge

On Site Spectator doors will open up to 30 minutes prior to start of session.

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Purchasing tickets by credit card will have an additional four (4%) processing fee added to the order total.

Entry fees are non-refundable (pre-sale or at the door). Lost or stolen wristbands will not be replaced. A new wristband will need to be purchased.

Saving seats longer than one performance will not be allowed. At no point will team be allowed to enter the facility early to reserve seats. Seating is first come first serve.

VIP SPECTATOR VIEWING AREA:

There will be a reserved area (up to eight rows) in the middle section of the arena for a team's fans to sit during their child's performance. Fans will be directed into a secured area that will be closed before the team takes the floor. When the team's routine is complete, the fans will be escorted out of the viewing area in time for the next performance. All fans entering this area must show good sportsmanship, respect for the performers and be aware of the Judges' view. Fans will not be permitted to bring noise makers, megaphones, signs, shakers, etc. into this viewing area.

This is the best area to take picture and film. At no time will filming be allowed on or behind the judges stand.

GENERAL INFORMATION

- Pop Warner Little Scholars promotes good sportsmanship by student-athletes, coaches, and spectators. We request your cooperation by supporting the participants and officials in a positive manner.
- Football participants in attendance must be under either a parent or coaches supervision at all times. They will not be allowed to just roam freely.
- At no time will it be allowed taking pictures and/or filming on or behind the judges stage will be allowed.
- Doors are scheduled to open up to one hour prior to the scheduled first teams' performance. Please ensure you check the PNW Region's Cheer and Dance championship webpage for the most up to date schedule information.
- All Pop Warner and Pacific Northwest Region rules, regulations and code of conducts will be followed and enforced.
- The coach must remain with their team for the duration of competition day.
- Saving seats longer than one performance will not be allowed.
- At no time will any person(s) will be allowed in the venue to reserve any seating.
- State, local, venue, and Pop Warner directives, as of the date and time of the competition, regarding face coverings and social distancing will be enforced.
- Each team will be permitted one bag per performance. Everything your team needs must be within that one bag.
- All bags will be subject to inspection. Anyone refusing to allow their bag to be searched will not be allowed to bring it into the facility – NO EXCEPTIONS!
- No ice chest, outside food or drinks will be allowed in the facility.

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- No glass containers will be allowed in the facility.
- All spectators must enter through the designated doors. In and out privileges will be granted if the spectator is securely wearing their wrist bands.
- No banners, signs or posters of any kind will be allowed to be hung inside the facility.
- No signs with glitter will be allowed into the facility.
- No artificial noise makers or helium balloons will be allowed into the facility.
- Due to safety concerns, baby carriages will not be allowed inside the facility.
- All spirit participants and coaches must enter through their designated door and sit in the team area to ensure maximized seating for spectators.
- Only credentialed coaching staff will be allowed pass the check in area.
- The following items will not be allowed inside the performance arena: selfie sticks, noise makers, metal framed seat cushions, glass, or aluminum
- No smoking of any kind (including vaping) will be allowed inside the facility.
- Marijuana and/or marijuana products (including for medical use) are illegal in the state of Nevada.
- Hover Boards / Scooters / Etc. Not Allowed: For the safety of participants and spectators at our events, PNW Region does not allow the use of "Hover Boards", "Razor Scooters", "RipStiks", "Skateboards" or any similar wheeled conveyances inside or outside of the championship venue or in the pre-function space. The only wheeled conveyances allowed will be those that have been deemed medically necessary for the individual using it (wheelchairs, medical knee walkers, etc.).
- There will not be any DVD sales of performances due to, among other things, changing policies in the music industry, lack of demand and changing technology. Parents may use their personal cameras in the venue. However, use of professional recording equipment is prohibited.
 - If you or any representative (official or unofficial) post any video of your team's performance to social media, YouTube, and/or similar services - please note that you are doing so at your own risk. Pop Warner Little Scholars, Inc. nor the Pacific Northwest Region will not assume responsibility in any action that may be taken by any 3rd party entities.
- No Video or Telephoto/Zoom Lenses Permitted. Pop Warner Little Scholars policy is to protect the safety and security of our youth participants and to protect your privacy. Video cameras and still cameras with telephoto or zoom lenses will not be permitted during performances by unauthorized officials.

PERFORMANCE ORDER

Final performance order will be selected by random draw.

The Regional Cheer and Dance Coordinator will publicly release the performance order no later than 8 pm on Wednesday, November 17, 2022 via the regional championship page, email to the registered head coaches, ACDCs, and LCDCs.

Prior to the above date and time, please do not email or call to check your individual team performance time, how many teams are in your division, etc. We appreciate your patience.

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Please note to meet the above deadline, the following task must be completed by all teams:

- Regional Registration Completed (this is different from the Statement of Acceptance)
- All music must be reviewed and approved by the RCDC.
- Photos of all coaches and participants must be uploaded online via Affinity.

NATURAL BREAK

At the Best of the Pacific Northwest Competition, teams will compete based on age (JP, PW, JV, etc ...) and skill level (PW1, PW2, etc ...). Overall age/skill divisions (JP PW1) that have four or more teams total will be split into small and large via natural break.

Natural break is calculated by finding the average participant number in that division and splitting accordingly. The average number will be the largest team size in the small division.

The natural break is calculated using the original number of participants registered via Affinity Sports Registration Software as of October 3.

THE FLOW (subject to change, times are approximate)

Team Check-In (10 min)

This begins the teams warm up rotation. Teams must begin check in at the assigned time per the order of performance. The Head Coach should line the squad up in book order and proceed to the table. Each participant should have their I.D. Cards/Standard Player Contract card in hand. The check in staff will check the following items on each participant before signing the card:

- Coaches Dress Standards are acceptable
- Pop Warner Participants Uniform Standards are met
- Fingernail polish
- Pop Warner Patch on all uniforms (including dance)
- No midriff/see through uniforms (including dance)
- Eyeglass straps
- Jewelry check
- Tied shoelaces
- No safety pins
- No bobby pins
- No hairbands on wrist

Teams will be given the opportunity to correct any concerns prior to taking the floor (approximately 45 minutes). Once the team hits the mat and there are violation Pop Warner uniform rules, a 2.5-point deduction will be asset. Coaches' violations that are not corrected before arriving to the staging area, will be removed and not allowed to take the floor with their team.

Warm Up / Stretching Area (10 min)

Once the team has completed check in, teams will be directed to the stretch area. Teams will have 10 minutes to warm up / stretch.

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Tumbling Warm Up Area (10 min)

Once the team has completed stretching, a volunteer will direct teams will be directed to warm up their tumbling. Teams will have 10 minutes for warm up.

Mat Time (6 min)

After the tumbling warm up time has completed, the teams will be directed to the mat. You may run through your entire routine or key elements. This is your time to prepare your team for the floor.

Staging (20 min)

A timer will direct you off the mat to the staging area. This will also be the last chance for members of the team to use the restroom before performing or getting some water.

The music coach must leave the team and head to the music station.

On Deck (5 min)

This means the team will be next to perform. One (1) rostered coach will be escorted to the DJ stations to stay there for the duration of the performance. At this point no member of the coaching team and/or participants may leave the line. *All team check in violations must be corrected by this point.*

Perform (2 mins, 30 seconds)

Once it is time for the team to take the floor, all other staff members will enter the hall, and take seats in front of the performing area (reserved seating – grey chairs), please stay in this area only.

The MC will announce the team's name to take the floor (*example: Representing the Redwood Empire Jr. Football and Cheer Conference in the JV PW4 division, the Oakland Raiders*) the team will then enter the floor. After approximately 30 seconds, the MC will announce the team's name again (*example: Once again, welcome the Oakland Raiders*). Participants may then begin their routine.

Participants in **theme dance** division will have up to two minutes to set up props. Per Pop Warner and YCADA rules, Coaches may NOT set up signs, poms, etc. for the team (exception: Exhibition and special performances/challenger). Failure to complete the set up within the allotted time will result in a 2.5-point deduction and overall time will begin. Coaches in the TM and MM in all categories will not be allowed to assist their team members in any way.

Coaching during a performance (TM – B division) – Pop Warner Little Scholars - Page 98, Item D1: Coaching - Coaching during the performance is not permitted (e.g., yelling instructions or motioning directions to team members). Cheer & dance crowd response, however, is welcomed from any and all fans, including members of the coaching staffs. At no point may any member of the coaching staff sit at the front of the mat. This will result in a 2.5 deduction per occurrence.

ENTRANCE/EXIT

There are no formal entrances or exits. Judges are looking for enthusiasm and showmanship during entrances and exits. Teams and individuals are encouraged to move on and off the floor as quickly as possible.

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Timing will begin with the first choreographed word, movement, skill, or note of music following the team's entrance to the performance surface. Teams may use a short count and a set prior to the start of the music/cheer. (Example: "5,6,7,8 – Panthers!") Timing will end with the last choreographed word, movement, skill, or note of music preceding the team's exit from the performance surface. Coaches may not delay the start of the routine in order to fix formations. Only registered participants of a team are allowed on the performance surface. At the conclusion of the performance, teams should rally off the mats towards the back of the room to the right rear corner of the hall towards the wooden staircase.

All team breaks, rituals and traditions need to take place prior to the team being called to the performance floor. Organized entrances and/or marching processions are not allowed by any cheer team and can incur an overall routine length timing penalty. Teams should take the floor immediately with spirit and enthusiasm, but without excessive gestures. Example: chest bumps, hugs, handshakes, etc. All teams should refrain from any type of excessive celebration following the team's performance. Any team in violation may receive a "sportsmanship" penalty. There should not be any organized exits or other activities after the official ending of the routine.

Formal entrances/exits will result in a 2.5 deduction and overall time will start. If a formal exit is performed, time will not end until the team has left the room and will result in a 2.5 deduction and a possible time violation.

Performance Area:

The competition area for the Regional Championship will be on a raised stage and is approximately 54' wide x 42' deep (9 Panels) matted surface for Cheer and Dance teams.

Judges and Event Spotters:

The judges' area will be directly in front of your team during their performance. Three (3) to five (5) competition spotters will be provided for safety.

Coaches' Seating Area:

There is a designated seating area for the Rostered Coaching Staff on the main floor while your team performs. This area is reserved by grey chairs. Coaches will enter the Performance Floor stage left and move to the main floor. Coaches' lanyard must be properly worn in order to enter the area.

TABULATION

The Regional Management Team allows each judge to input and assign a point system for Panel (positive scoring) and Point Deduction/Legalities (negative scoring) based on the Pop Warner and YCADA scoring guidelines. All software has been tested and approved for use at the event. If after the Awards' Ceremony a correction is found caused by human tabulation error, the corrections would require a co-sharing of placements to be released immediately online.

Procedure to report a possible human tabulation error:

- Within 48 hours of the conclusion of the event, report the error to your LCDC (in writing, please ensure to include your team ID)
- Your LCDC will review the scoresheet to verify the error

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- If an error is found, they will report it to the RCDC who will review the situation and make any correction needed
- Please allow one week from the date/time of the submission.
- **DO NOT** send the request directly to a member of the Regional Management Team. You must follow the proper Chain of Command.
- Any review request submitted after 48 hours or outside the Chain of Command will automatically be denied.

Only human tabulation errors will be reviewed. The only exception is if the coach/team submitted their routine to the YCADA video review team and they approved the action that deemed illegal. Written proof must be shown for consideration.

Since this is a live scored event, we will not review level, rules violations, or disagreement with scores assigned per the 2022 Pop Warner Little Scholars Rulebook – **Page 98: G. FINALITY OF DECISIONS**

1 - **By participating in a competition, each team agrees that decisions by the judges and officials will be final and will not be subject for review.** Each team acknowledges the necessity for the judges and officials to make prompt and fair decisions in this competition and each team therefore expressly waives any legal, equitable, administrative or procedural review of such decisions.

3 - **All** decisions of judges, including mandatory Rules Judge(s) are final.

The only exception is if the coach/team submitted their routine to the YCADA video review team and they approved the action that deemed illegal. Written email proof must be shown for consideration. (Social media responses, even from YCADA are not acceptable)

LEVEL & DANCE RULES VIOLATIONS EXPLANATION:

All coaches and directors should be aware that level rules and general safety violations are judged live by the rules judge(s) on site during a live competition. It is IMPOSSIBLE for rules judge to 100% detect all violations during a competition day just as it is impossible for officials/referees to detect all violations in other sports.

Pacific Northwest Region and YCADA **will not** withdraw a rules violation because rules judge at a prior competition failed to detect the violation. It is the responsibility of ALL Coaches to ensure their routines are free of Level/Dance and Safety Rules violations. The only way to accomplish this is by emailing the skills in question and/or routine to YCADA Rules Director (via YCADA Rules Form) or via email at rules@ycada.org for a rule's determination or take advantage of the YCADA video review option.

Any performance rule questions should already have been addressed prior to the championship weekend by the YCADA Rules Director (via YCADA Rules Form). Administrative questions should have been address by your League Cheer and Dance Director.

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There will be no warnings issued during the Regional Cheer and Dance Competition. All deductions will be assessed at the maximum points allowed per occurrence.

2022 YCADA | POP WARNER ROUTINE REVIEW

WHAT IS "ROUTINE REVIEW"?

The YCADA Rules & Scoring team will review the video you submit in its entirety for legality violations. If your routine review analysis comes back with zero legality violations that guarantees the routine is violation-free.

EXCEPTION: This does NOT include time limit violations, inappropriate choreography or music violations.

If the team performs the routine/skill the same way at Pop Warner Nationals, then the routine review analysis supersedes all other rulings and NO deduction will be given at Pop Warner Nationals.

COST: \$25 per Routine Review Submission

DEADLINE: December 1, 2022

CHANGES MADE POST-REVIEW:

Any changes/additions to single skills after routine review submission can be submitted via the ASK A RULES QUESTION FORM. Anything more (i.e. section overhauls) will need to be submitted again via the Routine Review process.

REQUIRED: You must make payment after submitting this form in order for us to receive and start your routine review. **Please note, due to circumstances beyond our control, the region will not pay for this service for the 2022 season.**

The link to submit videos may be found by visiting pnrpopwarner.com via the 2022 CHAMPIONSHIP / Regional Cheer and Dance tab (Under the Coaches' Corner Area – YCADA Video Review)

INTERRUPTION OF PERFORMANCE

The Rules Committee for competitions will consist of the Regional Cheer & Dance Commissioner, the Head Judge, and the Head Rules Judge.

Unforeseen Circumstances

If, in the opinion of the competition rules committee, a team's routine is interrupted because of failure of the competition equipment, facility, or other factors attributable to the competition, the team may stop the routine. The team will perform the routine again in its entirety but will be evaluated ONLY from the point where the interruption occurred. The degree and effect of the interruption will be determined by the competition officials.

Only a member of the judges panel or Regional Management Team may officially stop a performance in this circumstance and call the team off the performance mat.

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Fault Of The Team/Team Personnel

In the event a team's routine is interrupted because of failure of the team's own equipment/device, the Competition Rules Committee will determine if the team will be allowed to perform at a later time. If decided by officials, the team will perform the routine again in its entirety but will be evaluated ONLY from the point where the interruption occurred.

Only a member of the judges panel or Regional Management Team may officially stop a performance in this circumstance and call the team off the performance mat.

Pacific Northwest Region Injury Protocol

At any time during a competition a coach, music representative, or injured athlete themselves may stop a routine due to an injury on the floor. PNW Regional Management Team may also at any time stop a routine due to an injury on the floor that may create a potential safety hazard because of the inability of the scholar-athletes to hold, support, spot or catch. For the safety of all scholar-athletes competing, a routine may be interrupted if a scholar-athlete is clearly injured, if a scholar-athlete is questionably injured and does not resume their role in the routine within seconds of questionable injury, or if a scholar-athlete leaves the competition floor due to an injury. In the event that a routine is interrupted due to injury, it will be at the stage manager's discretion whether or not that team will be allowed to perform again at a later time. If a team is allowed to perform again, they will have to perform the second routine "full out" and be judged from the time the error happened until finish of routine.

MUSIC

- All music will be digitally uploaded and played – no exceptions. We no longer use CDs or MP3 devices (iPods, cell phones, etc...) as the main source of music. Coaches must upload their music via the competition registration form.
- Music is accepted in MP3 file format only.
- Music must be labeled as follows: **OaklandRaidersPopWarner_JV_SC4_L**
 - Team Name as Listed on the Registration Form
 - Age Level (JTM, TM, CH, MM, JP, PW, JV, V, B)
 - Skill Level (SC1, SC2, SC3, SC4, PP, TD, HH)
 - Cheer Size (S, M, L) – *based on the rule book, not natural break*
 - Co-ed (if applicable, i.e. **OaklandRaidersPopWarner_JV_PW4_L_COED**)
 - If more than one track for a routine: Track 1 of 2, Track 2 of 2. (if applicable, i.e. **OaklandRaidersPopWarner_JV_PW4_L_COED_2of2**)
- All music must be uploaded via the online registration form no later than **8 p.m. on Sunday, November 13, 2022**, or you will be in jeopardy of not having your music available during the regional and/or national championship – **no exceptions**.
 - Music submitted must be the final version that will be used for regional and national championships.
 - **PLEASE NOTE:** Changes to regional music (other than a request from the RCDC) after it has been uploaded will only be accepted on location during Book Check with the Music Change Form (found on the website) and change fee of \$100.00 (payable in the form of credit card, a money order, or cashier's check (made payable to PNW REGION or credit or debit card – additional fees may apply)

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- Due to national deadlines, music updates for teams advancing to the national championship will be allowed up to **12 pm (PST) on Tuesday, November 22, 2022** to submit music updates without a national change fee penalty.
 - No music changes will be allowed on site at the National Championship
- The RCDC and sound tech will check all music prior to the championships to ensure that it will properly play. If there are any issues, the head coach will be contacted directly.
- Please ensure music is recorded at equal volumes.
- The maximum allotted time for use of music is 2 minute 30 seconds for cheer and dance.
- All music must be in accordance with the current Pop Warner music policy at the time of the Regional Cheer and Dance Competition.
- All music must be age and family appropriate. Inappropriate music will result in a 2.5 point deduction per occurrence.
- Please note that the regional management team cannot guarantee a music check at any point prior to your teams' performance.
- One rostered person must be designated to handle the music for the team. This person will be directed to the DJ's table once the team arrives to the team staging area.
- The DJ will begin the music based on the music coaches' instructions. Only the DJ or their personnel will start and stop music.
- The DJ or their personnel will NOT begin **any** music unless the music coach is at the station with them. If there is one song, after the music has started the coach may leave to be with the other coaches. If it is multiple songs, the coach must stay at the station until the start of the final song.
 - If the music coach does not stay at the station and there is an issue, no matter what the issue is, this will be seen as a "Fault Of The Team".
- **(Special occasions only, approved by the RCDC)** If for some reason we need to use a phone or MP3 device as a backup, the coach must provide all necessary connections (i.e., iPhone Headphone Dongle).
 - Ensure the song is fully downloaded to your device and is in airplane mode.

Pop Warner Little Scholars, Inc Music Policy:

Ownership and creative rights of music are intellectual property covered by Copyright law. Pop Warner respects the intellectual property rights of others and expects all participants to adhere to the following rules regarding use of third-party music for cheer and dance performance:

- All music used for cheer and dance performance must be purchased from a source authorized to sell a copy.
- You may use a mix purchased from an authorized mix vendor.
- You may use a song in its complete original form, purchased from an authorized vendor (such as iTunes, or a traditional retail store).
- For either a mix or a complete song, save your receipt.
- Regional and National championship performances will be covered by licenses secured by Pop Warner Little Scholars.
- Any recording or broadcast of the cheer / dance event must be done with the music in background / off mic and with a voiceover describing the participants and the performance.

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AWARDS AND ADVANCEMENT TO NATIONAL CHAMPIONSHIP

The Regional Management Team will award the top two places, in each YCADA division presented and further subdivided by size: small and large if applicable.

Teams wishing to advance to the Pop Warner National Championship must place in the top two to receive a direct non-paid bid to attend the Pop Warner National Cheer and Dance Championships – December 5-8, 2022. Teams that place 3rd – 5th that have a final score above 80 and within five points of the first-place team, may receive an unpaid at large bid from the National Pop Warner Cheer and Dance Coordinator.

Furthermore, the 1st Place national travel teams from each division will receive a silver level (patricianly paid) bid to attend YCADA Globals – February 24-26, 2023!!

There may be multiple award ceremonies to coincide with current CDC, State, local, venue, and Pop Warner requirements. Approximately 20 minutes prior to the scheduled awards, **each team** (from that session) will meet in the warmup area for the Parade of Champions.

NOTE: Poor sportsmanship by either the team and/or spectators during and after the awards ceremony is unacceptable and will not be tolerated.

EVALUATION PACKET PICK UP

Your evaluation package will be available for pick-up from your LCDC immediately following the end of the awards ceremony. One person per team should come to the pick up area. Pop Warner Little Scholars and/or Pacific Northwest Region takes no responsibility for scoresheets after the championship has ended.

Procedure to report a possible human tabulation error:

- Within 48 hours of the conclusion of the event, report the error to your LCDC (in writing, please ensure to include your team ID)
- Your LCDC will review the scoresheet to verify the error
- If an error is found, they will report it to the RCDC who will review the situation and make any correction needed
- Please allow one week from the date/time of the submission.
- **DO NOT** send the request directly to a member of the Regional Management Team. You must follow the proper Chain of Command.
- Any review request submitted after 48 hours or outside the Chain of Command will automatically be denied.

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35th ANNUAL POP WARNER NATIONAL CHEER AND DANCE CHAMPIONSHIPS

Monday, December 5 – Thursday, December 8

Orange County Convention Center, (OCCC)

9800 International Drive, Orlando, FL 32819

NATIONAL PAPERWORK

As a reminder - head coaches you are responsible for all national travel paperwork, arrangements, and ensure payments are received on time by Universal Sports Management. It is also your responsibility to ensure that there are no pending issue prior to leaving for Orlando (transportation to/from airport, park or party tickets, etc ...).

Do not wait until we are in Orlando to bring up concerns or request assistance unless the issue arises in Orlando. Members of the Regional Management Team have other responsibility to the National Office and your fellow attending teams and will not be able to focus on one or two associations.

EVENT DAY SCHEDULE, [Refer to Final National Order of Performance Timeline.](#)

Subject to change with or without advance notice.

POP WARNER NATIONAL CHEER & DANCE CHAMPIONSHIPS 2022 CHEER & DANCE SCHEDULE		
MONDAY, DECEMBER 5	SHOW CHEER LEVEL 2 TEAMS (MM, JP, PW, JV, V, B AGE DIVISIONS)	8:00 A.M.
TUESDAY, DECEMBER 6	SHOW CHEER 3 & 4 (JPW, PW, JV, V, B AGE DIVISIONS)	8:00 A.M.
	SIDELINE PERFORMANCE CHEER (MM, JPW, PW, JV, V, B AGE DIVISIONS)	
	POP WARNER CELEBRATION PARTY AT UNIVERSAL STUDIOS FLORIDA	7:30 P.M.
WEDNESDAY DECEMBER 7	SHOW CHEER 1 LIMITED (TINY MITE) CORE CHEER 1 LIMITED (TINY MITE) POM PERFORMANCE, THEME DANCE & HIP HOP (MM, JP, PW, JV, V, B AGE DIVISIONS)	11:00 A.M.
THURSDAY DECEMBER 8	SHOW CHEER 1 (MM, JP, PW, JV, V, B AGE DIVISIONS) CORE CHEER 1 (MM, JP, PW AGE DIVISIONS)	8:00 A.M.

For complete and up to date information, please visit the national championship website at:

WWW.POPWARNERSUPERBOWL.COM